



Young Horse Development Program - Dressage

Purpose

The Equestrian Canada, Young Horse Development Program – Dressage (for 4, 5, 6 and 7-year-old horses) promotes and encourages the proper development of young horses using the training scale; identifies talent; encourages owners to keep horses in training with Canadian athletes and prepares horses for future international success.

Program Benefits

- Eligibility for the Equestrian Canada Horse Maintenance Program. The Horse Maintenance Program provides the opportunity for the owner, or the individual, who has incurred the costs of maintaining the horse, to receive an official donation receipt for income tax purposes for the corresponding out-of-pocket expenses. A maximum of four (4) tax receipts will be offered to horses registered in the development program on an annual basis. One tax receipt per age group will be issued to the highest ranked horse for that age group, based on ranking of results. **Note:** Under the EC service pricing policy, the processing and submission of Horse Maintenance claims are subject to a charge for each file (See EC schedule of fees).
- National ranking recognition
- Invitation to training sessions with FEI certified young horse dressage Judges and identified national or international young horse development experts

Eligibility Requirements

- Horses aged 4, 5, 6 and 7 are eligible for program consideration
- Both owners and riders of horses in the program, must be Canadian and must hold a current Equestrian Canada Sport Licence where dressage is listed as the primary discipline. Visit <https://www.equestrian.ca/programs-services/licences> to organize these requirements
- Each horse must have a completed application form on file with the Equestrian Canada Dressage Department (see Appendix A). This application includes a basic training and competition plan for the season. A new application form is required for each year the horse remains in the program. Application forms are due **January 1st** annually. Changes to any information provided on the application form must be communicated to the Equestrian Canada Dressage Department as soon as the change is confirmed. This includes changes to the training and competition plan and changes to the rider or owner details.
 - Exception: Horses placed with National Team Program (NTP) athletes do not require a full training and competition plan to be submitted as part of their application given that EC already has that information on file as part of the NTP requirements.
 - Exception: In situations where horses are purchased or obtained after the January 1st application deadline, please complete and submit the application as soon as possible after purchase etc. in order to have the horse registered in time to complete the program assessment requirements and obtain the required scores for ranking consideration.



Level of Competition

- **4-Year-Old Horses** - FEI 4-Year-Old Test or equivalent Training Level National Tests
- **5-Year-Old Horses** - FEI 5-Year-Old Test or equivalent Second Level National Tests
- **6-Year-Old Horses** - FEI 6-Year-Old Test or equivalent Third Level National Tests
- **7-Year-Old Horses** - FEI 7-Year-Old Test / Developing Prix St. Georges, FEI Prix St. Georges or equivalent Fourth Level National Tests

Maintenance Requirements

- Horses in the program will be expected to progress in their training and achieve the minimum performance standards at EC Gold, Foreign National or CDI competitions throughout the season.
Minimum Performance Standard
- Two scores of 68%, or better, from EC Gold, Foreign National or CDI competitions are required for ranking.
- Horses not achieving the minimum performance standard are not eligible for program benefits

National Ranking

- Horses in the program will be ranked based on their performance at EC Gold, Foreign National or CDI competitions throughout the season
- In order to be ranked, horses must achieve a minimum of two scores from the current year of 68%, or better, at EC Gold, Foreign National or CDI competitions. Scores achieved at CDI competitions will receive a bonus of 1% for ranking purposes. The highest two scores achieved will be averaged for ranking.
- Where a panel of judges exists, the full panel score must be submitted for ranking.
- Scores for ranking must be submitted to the Equestrian Canada – Dressage Department using the attached Score Submission Form (see Appendix C). The Equestrian Canada – Dressage Department will complete and update the ranking lists two times per year; therefore, all current and updated scores should be submitted for ranking on, or before, the following dates: **June 1st and December 1st**. The December 1st ranking list will be used to determine Horse Maintenance eligibility

Young Horse Evaluation Sessions

- A minimum of two young horse evaluation sessions with FEI certified young horse dressage Judges and or identified national or international young horse development experts will be offered on an annual basis.
- It is expected that each horse in the program will attend, at minimum, one of the evaluation sessions offered for assessment and continued development. An example of a clinician evaluation form can be found attached (see Appendix D)



YOUNG HORSE DEVELOPMENT PROGRAM - DRESSAGE

Application Form – Appendix A

Page 1 of 2

Horse

Name: _____ Breed: _____

Sex: _____ Age (year foaled): _____ EC Registration No. (passport/horse recording #) _____,

Sire: _____ Dam: _____ Dam's Sire: _____,

Rider 1

Name: _____ EC Sport Licence # _____,

Rider 2 (if applicable)

Name: _____ EC Sport Licence # _____,

Owner 1

Name: _____ EC Sport Licence # _____,

Owner 2 (if applicable)

Name: _____ EC Sport Licence # _____,

NOTE: Owner(s) and Rider(s) must be current Sport Licence holders with dressage indicated as the primary discipline
Applications due: January 1st, annually (see Exception under Eligibility Requirement for newly acquired horses)



YOUNG HORSE DEVELOPMENT PROGRAM - DRESSAGE

Application Form – Appendix A

Page 2 of 2

In signing this application, we understand and agree to abide by the following program requirements:

- Scores of 68%, or better, from EC Gold, Foreign National or CDI competitions are required for ranking. Horses not achieving the minimum performance standard are not eligible for program benefits, including the Equestrian Canada Horse Maintenance Program
- A minimum of two young horse evaluation sessions with FEI certified young horse dressage Judges and or identified national or international young horse development experts will be offered on an annual basis. It is expected that each horse in the program will attend, at minimum, one of the evaluation sessions offered for evaluation and continued development. Participants in the evaluation sessions will have the opportunity to receive a gait analysis evaluation using state of the art technology, an assessment from the EC Equine and Human Registered Massage Therapist along with an evaluation from the clinician.

Owner 1

_____	_____	____/____/____
Owner's Name (please print)	Owner's Signature	Date of Signature

Owner 2

(if applicable)

_____	_____	____/____/____
Owner's Name (please print)	Owner's Signature	Date of Signature

Rider 1

_____	_____	____/____/____
Rider's Name (please print)	Rider's Signature	Date of Signature

Rider 2

(if applicable)

_____	_____	____/____/____
Rider's Name (please print)	Rider's Signature	Date of Signature

Send completed applications to Christine Peters, Senior Manager Dressage Olympic/Paralympic Disciplines at cpeters@equestrian.ca



YOUNG HORSE DEVELOPMENT PROGRAM - DRESSAGE

Yearly Training and Competition Plan (YTP / YCP) – Appendix B Page 1 of 4

Appendix B must be attached to a completed Application Form (see Appendix A)

Competition Plans

Please list all anticipated competitions being targeted for the calendar year in the chart below (add additional pages if required)

Competition	Date	Location	Level	Purpose of Attending (Qualification, training, judge exposure, horse acclimatisation etc.)	Importance (High, Med, Low)

Training Focus

Training Phase	Dates	Focus	Notes
General Preparation (Out of Competition)			
Specific Preparation (Just before Competition)			
Competition			
Recovery/Transition			



Complete a detailed training plan using the following charts: (1) out of competition; (2) one week prior to competition; (3) and week of competition. An example is provided below.

1. Out of Competition

Example	Day 1 – Sun.	Day 2 – Mon.	Day 3 – Tues.	Day 4–Wed.	Day 5 – Thurs.	Day 6 – Fri.	Day 7 – Sat.
<p>Duration: 40 mins</p> <p>10 mins. of walk and warm-up</p> <p>25 mins. of focused training</p> <p>5 min cool down Stretches</p> <p>Intensity: Low, Moderate, High</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>



Example of Out of Competition Plan continued	Focus:	Focus:	Focus:	Focus:	Focus:	Focus:	Focus:
<p>Focus:</p> <p>Working to improve walk, gymnastics and address issues from previous competition. All in snaffle bridle</p> <p>Other fitness:</p> <p>30 hacking etc.</p>	<p>Other fitness:</p>	<p>Other fitness:</p>	<p>Other fitness:</p>	<p>Other fitness:</p>	<p>Other fitness:</p>	<p>Other fitness:</p>	<p>Other fitness:</p>



2. One week Prior to Competition

Example 1 wk prior to competition	Day 1 – Sun.	Day 2 – Mon.	Day 3 – Tues.	Day 4–Wed.	Day 5 –Thurs.	Day 6 – Fri.	Day 7 – Sat.
<p>Duration: 40 mins</p> <p>10 mins. of walk and warm- up</p> <p>25 mins. of focused training</p> <p>5 min cool down Stretches</p> <p>Intensity: Low, Moderate, High</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>



Example Cont'd 1 wk from Competition	Focus:	Focus:	Focus:	Focus:	Focus:	Focus:	Focus:
Focus: Working to improve walk, gymnastics and address issues from previous competition. All in snaffle bridle							
Other fitness: 30 hacking etc.	Other fitness:	Other fitness:	Other fitness:	Other fitness:	Other fitness:	Other fitness:	Other fitness:



3. Week of Competition

Example week of competition	Day 1 – Sun.	Day 2 – Mon.	Day 3 – Tues.	Day 4–Wed.	Day 5 –Thurs.	Day 6 – Fri.	Day 7 – Sat.
<p>Duration: 40 mins</p> <p>10 mins. of walk and warm-up</p> <p>25 mins. of focused training</p> <p>5 min cool down Stretches</p> <p>Intensity: Low, Moderate, High</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>	<p>Duration:</p> <p>Intensity:</p>



Example Cont'd week of Competition	Focus:	Focus:	Focus:	Focus:	Focus:	Focus:	Focus:
Focus: Working to improve walk, gymnastics and address issues from previous competition. All in snaffle bridle							
Other fitness: 30 hacking etc.	Other fitness:	Other fitness:	Other fitness:	Other fitness:	Other fitness:	Other fitness:	Other fitness:



YOUNG HORSE DEVELOPMENT PROGRAM - DRESSAGE

Score Report Form – Appendix C

Rider Name: _____ Horse Name: _____

SHOW NAME & DATE	TEST	JUDGES	SCORE %

Ranking lists are updated two times per season. Score Report Forms due: June 1st and December 1st

Send completed Score Report Forms a copy of along with a copy of each test's summary sheet from the competition to cpeters@equestrian.ca



YOUNG HORSE DEVELOPMENT PROGRAM - DRESSAGE

Evaluation Session Clinician Evaluation Form (Example) - Appendix D

Walk (Score 1 to 10)
Trot (Score 1 to 10)
Canter (Score 1 to 10)
Paces (Score 1 to 10)
Impulsion (Score 1 to 10)
Submission (Score 1 to 10)
Overall Performance (Strengths and Weaknesses)
Rider and Horse as a Pair
Suggestions for the Future

Horse Name: _____ Age: _____

Evaluator Name: _____ Date of Evaluation: _____